

WHAT IS CLAIMED IS:

1. A method for Optimizing Pre-saturation in a scan volume of an MRI system, comprising:
 - a. creating a B_0 map for each slice of the scan volume;
 - b. obtaining a first frequency for RF pre-pulses;
 - c. calculating a median value for the B_0 magnetic field from the B_0 map for each scan slice;
 - d. calculating the percentage of positive and negative scan slice pixels in each scan slice
2. A method for generating an image of a scan volume using an MRI system, the method comprising the steps of:
 - a. generating a B_0 map of each scan slice of the scan volume by measuring B_0 magnetic field distribution over each scan slice of the scan volume;
 - b. obtaining a first frequency of RF pre-pulses;
 - c. calculating a median value of the B_0 magnetic field over each scan slice, the calculation being done using the B_0 field maps;
 - d. calculating the percentage of positive and negative scan slice pixels in each scan slice, the calculation being done using the $B_{sub.0}$ field map for each scan slice, wherein a positive scan slice pixel is defined as a scan slice pixel with positive value in the $B_{sub.0}$ field map, and wherein a negative scan slice pixel is defined as a scan slice pixel with negative value in the $B_{sub.0}$ field map;

- e. if the percentage of either the positive scan slice pixels or the negative scan slice pixels in each scan slice is greater than a predefined threshold value, performing the step of:
 - i. calculating a second frequency of RF pre-pulses for each scan slice by correcting the first frequency of RF pre-pulses, the correction for a scan slice being done by using the median value of the $B_{\text{sub}0}$ magnetic field over the scan slice calculated at step c;

else performing the steps of:

- ii. improving the shimming; and
 - iii. repeating steps a through e; and
 - f. obtaining an MRI image of each scan slice, wherein the MRI image of a scan slice is obtained using RF pre-pulses at the second frequency for the scan slice.
3. The method of claim 1 wherein the step of calculating a second frequency of RF pre-pulses for a scan slice is done by adding the median value of the $B_{\text{sub}0}$ magnetic field over the scan slice to the first frequency of RF pre-pulses.
 4. The method of claim 1 wherein the RF pre-pulses are used to suppress magnetic resonance signals from hydrogen nuclei in fat molecules present in the scan volume.
 5. The method of claim 1 wherein the RF pre-pulses are used to suppress magnetic resonance signals from hydrogen nuclei in macromolecules present in the scan volume.

6. The method of claim 1 wherein the RF pre-pulses are used to suppress magnetic resonance signals from hydrogen nuclei in water molecules present in the scan volume.
7. The method of claim 1 wherein the step of obtaining an MRI image of a scan slice comprises the steps of:
 - a. applying
 - i. RE pre-pulses at second frequency for the scan slice; and
 - ii. RE pulses at transmit frequency to the scan slice;
 - b. measuring magnetic resonance signals from the scan slice; and
 - c. processing the magnetic resonance signals to obtain an MRI image of the scan slice.
8. A method for generating an image of a scan volume using an MRI system, the method comprising the steps of:
 - a. generating a B.sub.0 map of each scan slice of the scan volume by measuring B.sub.0 magnetic field distribution over each scan slice of the scan volume and storing the B.sub.0 map in a database;
 - b. obtaining a first frequency of RF pre-pulses;
 - c. calculating median value of the B.sub.0 magnetic field over each scan slice, the calculation being done using the B.sub.0 field maps stored in the database;
 - d. calculating the percentage of positive and negative scan slice pixels in each scan slice, the calculation being done using the B.sub.0 field map for each scan slice, wherein a positive scan

slice pixel is defined as a scan slice pixel with positive value in the B.sub.0 field map, and wherein a negative scan slice pixel is defined as a scan slice pixel with negative value in the B.sub.0 field map;

- e. if the percentage of either the positive scan slice pixels or the negative scan slice pixels in each scan slice is greater than a predefined threshold value, performing the step of:
 - i. calculating a second frequency of RF pre-pulses for each scan slice by correcting the first frequency of RF pre-pulses, the correction for a scan slice being done by adding the median value of the B.sub.0 magnetic field over the scan slice calculated at step c to the first frequency of RF pre-pulses calculated at step b;

else performing the steps of:

- ii. improving the shimming; and
 - iii. repeating steps a through e;
 - f. obtaining an MRI image of each scan slice using RF pre-pulses at second frequency for that scan slice;
 - g. storing the MRI image of each scan slice obtained at step f in the database; and
 - h. displaying the MRI images stored in the database on a display device.
9. The method of claim 7 wherein the RF pre-pulses are used to suppress magnetic resonance signals from hydrogen nuclei in fat molecules present in the scan volume.

10. The method of claim 7 wherein the step of obtaining an MRI image of a scan slice comprises the steps of:
 - a. applying
 - i. RF pre-pulses at second frequency for the scan slice;
and
 - ii. RE pulses at transmit frequency to the scan slice;
 - b. measuring magnetic resonance signals from the scan slice; and
 - c. processing the magnetic resonance signals to obtain an MRI image of the scan slice.
11. An MRI system comprising:
 - a. a polarizing magnet for producing a high intensity magnetic field called B.sub.0 magnetic field;
 - b. a set of shimming coils for improving B.sub.0 magnetic field homogeneity;
 - c. a magnetic field detector for measuring B.sub.0 magnetic field distribution;
 - d. a set of gradient coils for producing a gradient magnetic field superposed on the B.sub.0 magnetic field;
 - e. a transmitter for generating RF pulses and RF pre-pulses wherein frequency of RF pre-pulses is specific for each scan slice;
 - f. a radio frequency receiver for detecting magnetic resonance signals;
 - g. a processing module comprising:

- i. a module for calculating the median of the $B_{sub.0}$ magnetic field over each scan slice;
 - ii. a module for calculating the percentage of positive and negative scan slice pixels in each scan slice, wherein positive scan slice pixels are defined as scan slice pixels with positive $B_{sub.0}$ magnetic field values, and wherein negative scan slice pixels are defined as scan slice pixels with negative $B_{sub.0}$ magnetic field values;
 - iii. a module for calculating a second frequency of RF pre-pulses for each scan slice by adding the median value of the $B_{sub.0}$ magnetic field over the scan slice to a first frequency of RF pre-pulses, the first frequency of RF pre-pulses being obtained by a standard procedure; and
 - iv. a module for processing magnetic resonance signals from a scan slice to obtain an MRI image of the scan slice-pulses for each scan slice; and
 - h. a database comprising:
 - i. a storage unit for storing $B_{sub.0}$ field maps;
 - ii. a second storage unit for storing the median value of the $B_{sub.0}$ magnetic field over each scan slice; and
 - iii. a third storage unit for storing an MRI image of each scan slice.
12. A computer program product for use with a computer, the computer program product comprising a computer usable medium having a computer readable program code embodied therein for generating an image using an MRI system, the computer program code performing the steps of:

- a. generating a B.sub.0 map of each scan slice of the scan volume by measuring B.sub.0 magnetic field distribution over each scan slice of the scan volume;
- b. obtaining a first frequency of RF pre-pulses;
- c. calculating median value of the B.sub.0 magnetic field over each scan slice, the calculation being done using the B.sub.0 field maps;
- d. calculating the percentage of positive and negative scan slice pixels in each scan slice, the calculation being done using the B.sub.0 field map for each scan slice, wherein a positive scan slice pixel is defined as a scan slice pixel with positive value in the B.sub.0 field map, and wherein a negative scan slice pixel is defined as a scan slice pixel with negative value in the B.sub.0 field map;
- e. if the percentage of either the positive scan slice pixels or the negative scan slice pixels in each scan slice is greater than a predefined threshold value, performing the step of:
 - i. calculating a second frequency of RF pre-pulses for each scan slice by correcting the first frequency of RF pre-pulses, the correction for a scan slice being done by adding the median value of the B.sub.0 magnetic field over the scan slice the first frequency of RF pre-pulses;

else performing the steps of:

- ii. improving the shimming; and
- iii. repeating steps a through e; and

- f. obtaining an MRI image of each scan slice, wherein the MRI image of a scan slice is obtained using RF pre-pulses at the second frequency for the scan slice.
13. A computer program product for use with a computer, the computer program product comprising a computer usable medium having a computer readable program code embodied therein for acquiring an image using an MRI system, the computer program code performing the steps of:
- a. generating a B.sub.0 map of each scan slice of the scan volume by measuring B.sub.0 magnetic field distribution over each scan slice of the scan volume and storing the B .sub.0 map in a database;
 - b. obtaining a first frequency of RF pre-pulses;
 - c. calculating median value of the B.sub.0 magnetic field over each scan slice, the calculation being done using the B.sub.0 field maps stored in the database;
 - d. calculating the percentage of positive and negative scan slice pixels in each scan slice, the calculation being done using the B.sub.0 field map for each scan slice, wherein a positive scan slice pixel is defined as a scan slice pixel with positive value in the B.sub.0 field map, and wherein a negative scan slice pixel is defined as a scan slice pixel with negative value in the B.sub.0 field map;
 - e. if the percentage of either the positive scan slice pixels or the negative scan slice pixels in each scan slice is greater than a predefined threshold value, performing the step of:

- i. calculating a second frequency of RF pre-pulses for each scan slice by correcting the first frequency of RF pre-pulses, the correction for a scan slice being done by adding the median value of the B.sub.0 magnetic field over the scan slice to the first frequency of RF pre-pulses;

else performing the steps of:

- ii. improving the shimming; and in repeating steps a through e;
- f. obtaining an MRI image of each scan slice using RF pre-pulses at second frequency for that scan slice calculated at step e;
- g. storing the MRI image of each scan slice obtained at step f in the database; and
- h. displaying the MRI images stored in the database on a display device.